



Eifion Ap Cadno

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Professional profile

I trained in acting and contemporary theatre and have experience in film, TV and theatre as an actor, deviser, writer, director and producer. I am interested in making work that entertains, educates and inspires. Driven and highly resourceful, I take the initiative and approach challenges in a creative and collaborative manner. Recently I toured Austria in an adaptation of Oscar Wilde's "The Canterville Ghost"; played Frankenstein's creature in Germany; directed and co-produced brand-new comedy **a great big sigh** and co-created *FRANK* with The Jones Collective. I am part of the core team starting *A Punk Theatre Movement*.

Milk and Blood

In 2018 I founded theatre company Milk and Blood, which focuses on new writing, bold design and untold stories. We took my award-winning, critically-acclaimed debut show *The Dip* to the Edinburgh Festival Fringe 2018 before it transferred to The Space Arts Centre in 2019. We have a two-week residency at the venue in February 2021 which we will use as an initial Research and Development project for our second show. I am the co-creator and facilitator of children's puppetry workshop "The Imaginarium".

Education & qualifications

- **East 15 Acting School 2015 – 2018**
 - **Acting and Contemporary Theatre – BA (Hons) First Class**
I specialised in clowning, writing, directing and devising; wrote several reviews on contemporary theatre and essays on theatre history. I planned, organised and hosted student events throughout my studies.
- **The Open University 2020**
 - **MSE'S Academy of Money**
An online course covering the skills and knowledge to master your finances.



Training

- The London LAMDA Tutor, Skype and digital conference training, 2020
- Vienna's English Theatre, Tour Liaison Manager training, 2020
- Little Angel Theatre, Puppetry Foundation Course, 2019
- CraZy BeanZ, Children's Entertainer training, 2019

Current and previous jobs

- Founder and Director, Milk and Blood Theatre, UK, 2018 - ongoing
- LAMDA tutor, The London LAMDA Tutor, London, 2019 - ongoing
- Workshop Assistant, Little Angel Theatre, London, 2019
- Invigilator, British Council (2015)

Volunteering and other experience

- Core organiser and Head of Workshops, A Punk Theatre Movement, UK, 2020 - ongoing
- Teaching Assistant on the Puppetry Foundation course, Little Angel Theatre, London, 2019
- Host, gardener and cook, Corte Eremo literary retreat, 2013
- Organiser and Group Leader, EVS Youth Exchange, Romania, 2013

Professional credits

2020	Swing	<i>Timon of Athens</i>	TSMGO	Rob Myles
2020	Earl of Warwick	<i>Henry IV part II</i>	TSMGO	Rob Myles
2020	Chief Penguin	<i>A Huddle of Penguins</i>	The Space Arts Centre	Adam Hemming
2020	Actor; liaison manager	<i>Spooked! (tour)</i>	Vienna's English Theatre	Glenn Tillin
2016-19	Deviser/actor	<i>FRANK</i>	The Jones Collective	Jesse Briton
2019	Director	<i>*a great big sigh*</i>	Moose & Noodle Soup	
2019	Actor	<i>The Nobodies (R&D)</i>	Chalk Line Theatre	Sam Edmunds
2019	Director	<i>Seize the Crisp (scratch)</i>	The Other Room	
2019	Actor (Creature)	<i>Frankenstein</i>	Lost In Time	Jo Neubert
2019	Actor	<i>DHL training film</i>	Maverick	Laura Spink
2019	Writer/actor	<i>The Dip</i>	Milk and Blood	Sam Edmunds
2018	Co-creator	<i>The Imaginarium</i>	Milk and Blood	
2018	Writer/director	<i>The Dip</i>	Milk and Blood	
2018	David	<i>Attachment (film)</i>	Chalk Line Theatre	Sam Edmunds
2018	Clive	<i>Padded (film)</i>	Burnt Lemon Theatre	Hannah Benson
2018	Michael	<i>Everyday Romance (film)</i>	Chalk Line Theatre	Sam Edmunds
2018	Director	<i>Tooters (film)</i>	Milk and Blood	
2018	Johnny	<i>Dreamland</i>	Hyperdrive Theatre	Sam Edmunds
2017	Michael Anthony	<i>Break Up of the Bands</i>	ITV Studios	
2015	Deviser/actor	<i>Under You</i>	Wales Millenium Centre	Ellis J-Wright

Selected credits at East 15 Acting School 2015-2018

Deviser/Joe	<i>Boxed</i>	Hannah Benson
Writer and Director	<i>The Dip</i>	Eifion Ap Cadno
Johnny	<i>Dreamland</i>	Sam Edmunds
Kev	<i>The Half Moon Shania</i>	Pippa Wallis
Joachim Neumann	<i>Tunnel 57</i>	Luke Clarke
Hamlet	<i>Hamlet</i>	Tony Bell
Director/Joker	<i>Forum: Caught In The Web</i>	Eifion Ap Cadno
Sergei; Mama Ganoush	<i>Carrot Constitution</i>	Uri Roodner
The Student	<i>Methusalem</i>	Andrew Norton
John Proctor	<i>The Crucible</i>	John Gillett
Johnny "Rooster" Byron	<i>Jerusalem</i>	Gerry McAlpine

Skills

Accents: Welsh-Standard (native), RP, London, Northern, Southern Irish, General American, Southern American, New York

Singing: Baritone

Dance: Waltz, Foxtrot, Polka

Performance: Devising, Clowning, Improvisation, Commedia Dell'Arte, Puppetry, Physical Theatre, Laban, Neutral Mask, Basic Stage Combat, Ensemble, Writing

Other: Clear Enhanced DBS Certificate, Producing, Directing, Facilitating, Project Management, Advocacy, Negotiation, Intermediate German, Personal Finance